



PE CCA DEPARTMENT

Head of Department:
Mdm Rozana

Senior Teacher:
Mr Bernard Tan

and other PE Teachers:

Mrs Pauline Tan, Miss Daisy Ng, Mdm Hazel Han,
Ms Charlene Lee, Mr Farhan





Vision

Healthy Body and Healthy Mind

Mission

To empower students to feel good about themselves through involvement in sports and recreational endeavours for personal excellence in life.



E3 APPROACH

- ✓ Experience (Curriculum)
- ✓ Enrich (Level activities)
- ✓ Excel (School developmental teams)

EXPERIENCE

ENRICH


EXCEL

ALL

- PE Curriculum
- Unstructured Play (UPlay) @ Recess
- National Day Challenge
 - *PAL for P1-2
 - *Sports Carnival / Lower Primary Games Day

- Level sports activities
 - ✓ SwimSafer Programme
 - ✓ Cohort Adventure Camp
 - ✓ Floorball Clinic

- School Developmental Programme
- National School Games



CCA (P3-6)

EXPERIENCE

- CCA Programme
- Modular
- Non-Modular

ENRICH

- CCA Showcase
- Friendly games within school
- Selection Trials / Auditions for school teams

EXCEL

- Inter-School Competitions
 - National School Games
 - Selection Trials for Direct School Admission
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PE Learning Outcomes

- 3 domains - psychomotor, cognitive and affective
- Learning areas - games & sports, gymnastics, dance, outdoor education and physical health & fitness, **swimming and athletics*
- Termly report of students' achievement of the Learning Outcomes (LOs)







Programme for Active Learning (PAL) for P1-2

- Experiential in nature
- Facilitate well-rounded development of students in the 5 learning domains - cognitive, moral, social, aesthetics and physical
- Develop students' social-emotional competencies
- Modules: Drama, Visual Arts, Traditional Games and Outdoor Education



Programme for Active Learning (PAL)





Stay active!

