HBL GUIDE FOR STUDENTS

WHAT IS HOME-BASED LEARNING?

- Instead of learning in school, you will be learning from home instead.
- You will get to experience learning with technology as well as try out fun activities that your teachers have planned for you at home.
- Some people are confused about HBL and e-learning. So, let's take a look at the differences!

HBL	E-Learning
 Can consist of one or more of the following: E-learning (e.g. online assignments through SLS or other online learning platforms) Written work (e.g. worksheets, workbook practices or textbook) 	All tasks and learning take place online using devices such as computers, laptops and tablets.

WHAT MUST YOU DO BEFORE HBL?

Check that you can log into your SLS account.

 Inform your Form Teacher if you have forgotten your user ID or password.

• Write down your login details in your journal if you are a forgetful person like me!

WHAT MUST YOU DO BEFORE HBL?

• Prepare yourself by knowing your weekly timetable. It is a little different from your usual class timetable but it still covers all the various subjects.

• Please try and follow the recommended login time for SLS that is given to you.

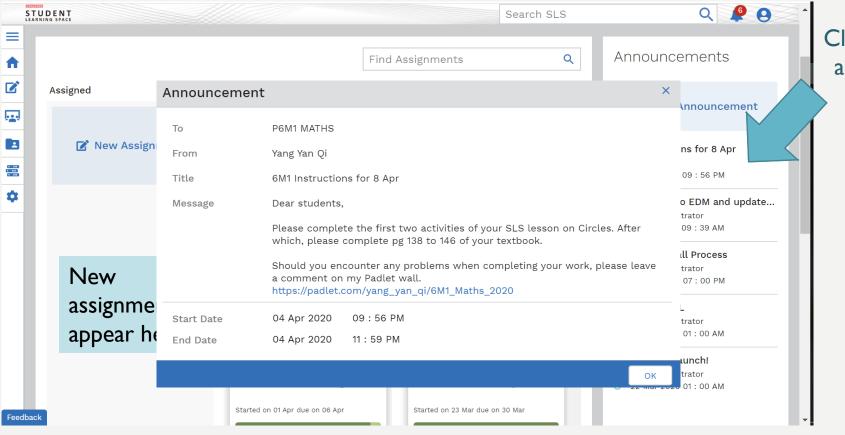
• You can continue to access SLS throughout the day to complete your learning.

SLS LOG-IN TIMINGS

Timing (including 10 – 15 min break)	Level
8.00 am — 10.00 am	P5 and 6
10.00 am — 12.00 pm	P3 and 4
12.00 pm – 2.00 pm	P1 and 2

WHAT TO DO ON DAYS OF HBL?

- Log into SLS via https://vle.learning.moe.edu.sg/login at the recommended login time.
- Read the SLS Announcements put up by your teachers and follow the instructions given.



Click to read new announcements from your teachers.

WHAT IF I FACE PROBLEMS WHEN DOING MY HBL?

For login issues,

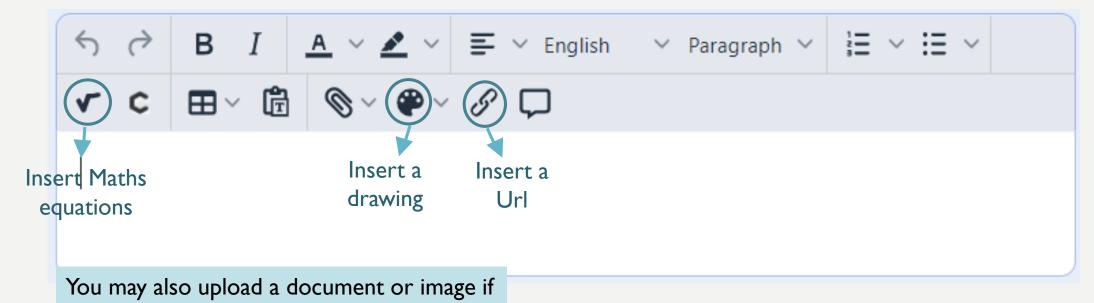
- You may contact the school-based helpdesk by filling in the form on the school website or click on this LINK.
- Alternatively, you can contact the school-based helpline at 6344 3072 between 8 am 4 pm from Monday to Friday and look for Mr Izwan.

For HBL lessons,

- Contact your teacher via his/her preferred mode of communication.
- If you are unable to reach him/her, contact the school-based helpline.

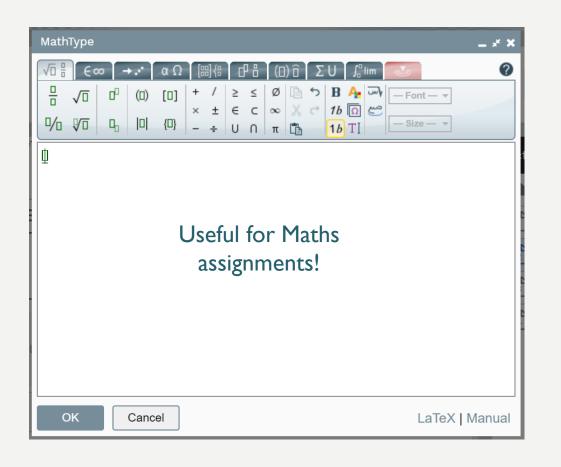
• For free response questions, you may choose different ways to submit your answers.

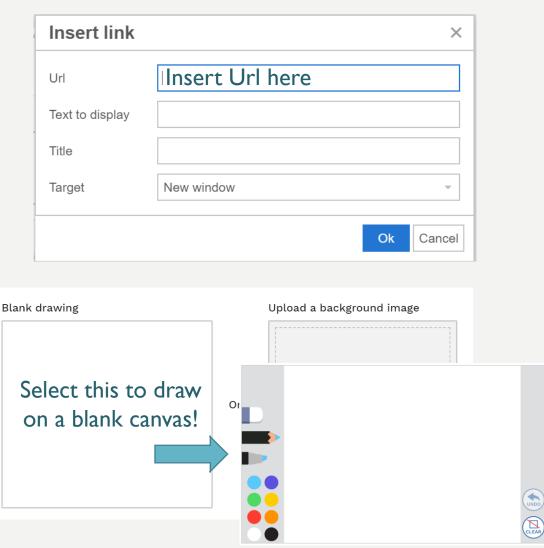
your teacher allows file submission.



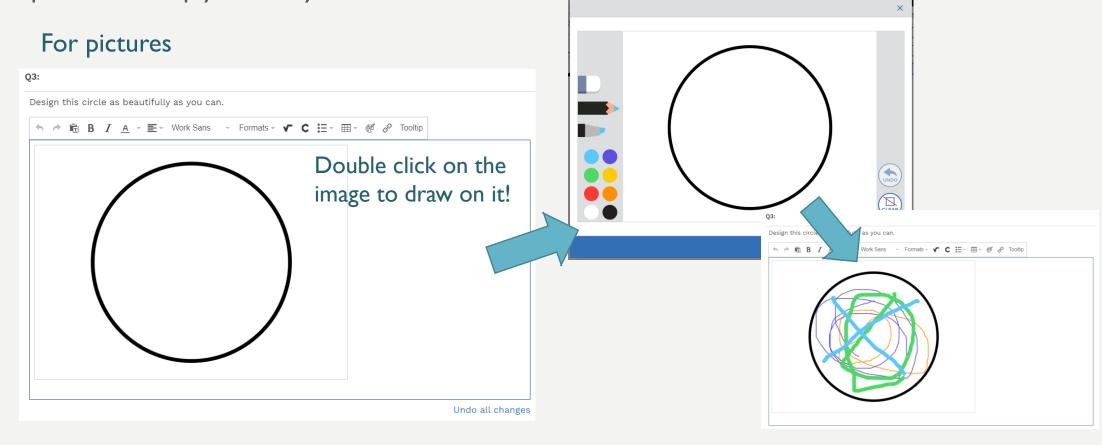
WHAT ARE SOME FEATURES ON SLS

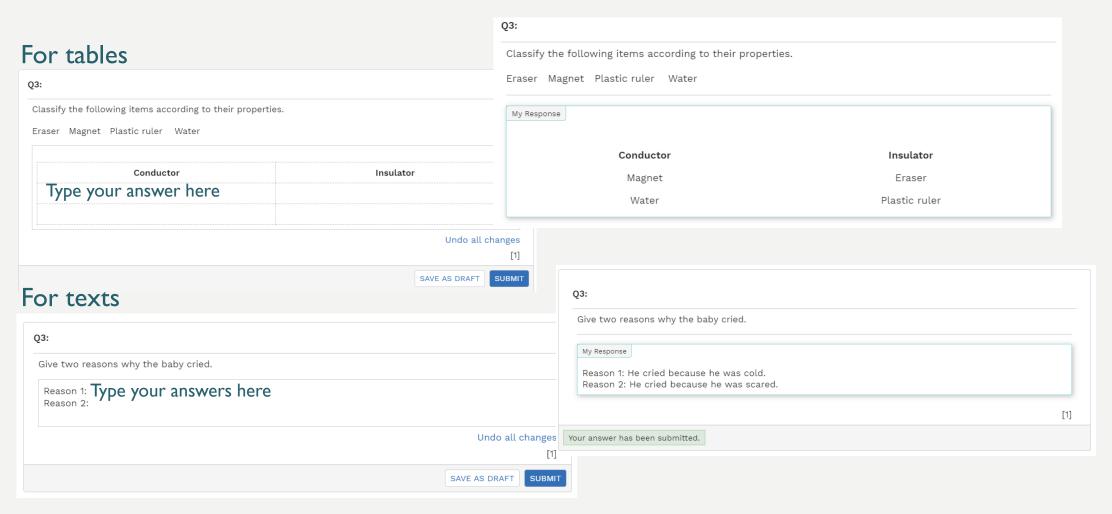
THAT I CAN USE?



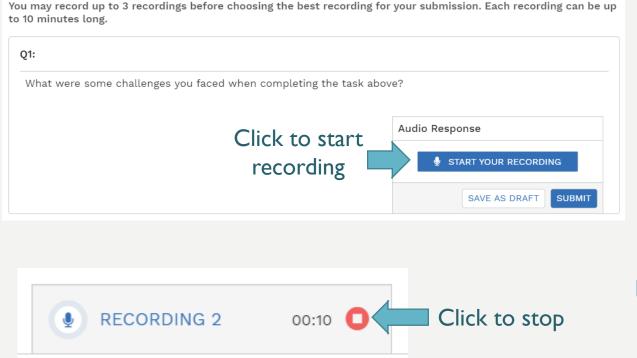


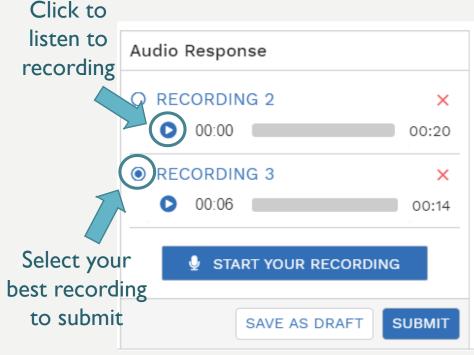
• For free response questions, your teachers may also upload images or provide guiding phrases to help you with your answer.





• Sometimes your teacher may require you to record an audio response.





OTHER THINGS TO NOTE

- You are encouraged to complete your day's learning within the day itself as much possible so that you will be able to manage and cope on a daily basis.
- If you are unwell for the day and cannot complete your work. Don't worry, let your teachers know and they will make the necessary arrangements for you.
- As the SLS system might be slower with students all over Singapore logging in, please exercise patience. While waiting for your lessons to load, you might want to start on the written/offline work assigned to you first.

OTHER THINGS TO NOTE

• If you are meeting your teachers online, be ready for it. Here are some tips on how you can do so.



BEAPRO DURING HBL (P1 – 3)

Prepared

- Get all learning materials (i.e. textbook, activity book, worksheet and pencil case) ready
- Ensure all your ICT devices are working properly and remember your SLS password.

Respectful

- Respect each other online (i.e. use kind words)
- Respect the privacy of others (i.e. Do not post photos, videos or details of others online without their permission)

• On Task.

- Complete the assigned task within the given time.
- Stay focus and do not be distracted by other apps or websites.

BE HBL PROACTIVE (P4 – 6)

• Prepared –

- Get all learning materials (i.e. textbook, activity book, worksheet and pencil case) ready
- Ensure all your ICT devices are working properly and remember your SLS password.

• Respectful –

- Respect the privacy of others (i.e. Do not post photos, videos or details of others online without their permission)
- During Live Lesson:
 - Dress Appropriately
 - Takes Turns to Talk
 - Use Kind Words

BE HBL PROACTIVE (P4 – 6)

- On Task.
 - Complete the assigned task within the given time.
 - Stay focus and do not be distracted by other apps or websites.
- Active Learner, Active Contributor
 - Participate in the discussion.
 - Take responsibility for your learning.

HEALTH IS WEALTH!

- Spending a long periods looking at your screens can strain your eyes.
- Remember the 20-20-20 rules can help to prevent this problem
 - Take a break every 20 minutes.
 - Look at something 20 feet away. (That's about 6m!)
 - For at least 20 seconds.
- Try to limit your screen time to not more than 2 hours a day.
- Plan your own workout and do some simple exercises at home to stay active and fit.

Stay in. Spell it. Workout.

Spell a word you find challenging to create your own personal workout.

Repeat the word 3 times to reinforce the spelling and work up a sweat! Select the <u>REPS</u> based on your energy levels: 10, 15 or 20 repetitions.



ONLINE SAFETY

- Do not share your login IDs and passwords with others. Only your parents and teachers who are helping you with your login issues.
- Do not share meeting codes and link for online meetings from your teachers with others not in your class.
- Do not click on unknown website links not shared by your teachers.
- When in doubt, always ask a trusted adult for help!