

Why CCAs are important for your daughter

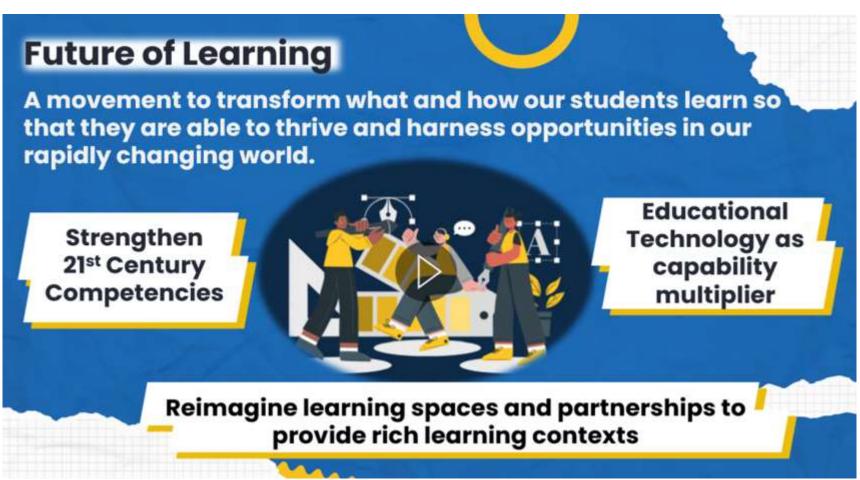
### CCAs at CHIJ (Katong) Primary



























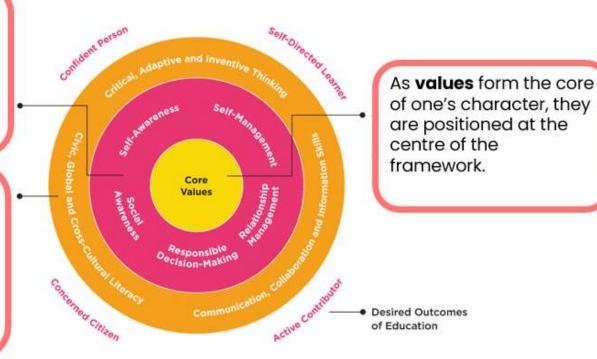




### Intentional and holistic development of 21CC

The inner ring of Social-Emotional Competencies (SEC) are necessary for students to enact their values purposefully and demonstrate good character in all contexts of life.

The outer ring of Emerging 21st Century Competencies (E21CC) enable students to thrive in and beyond school while living, learning and working in rapidly changing, highly digitalised and interconnected environments.



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Within the E21CC priority areas, our students need to be...

#### **Adaptive Thinking**

- i. confident in situations in which they do not have established answers and resilient in the face of failure; and
- ii. able to respond to changing contexts **nimbly**

#### **Inventive Thinking**

- i. curious and reflective about what they learn, while being driven by a sense of purpose; and
- ii. cognitively **flexible** in approaching problem-solving

### **Civic Literacy**

- i. willing to act with shared commitment and ideals when engaging with social and global issues, while remaining grounded in the Singapore context; and
- ii.discerning enough to critically assess information that they encounter online and evaluate societal issues

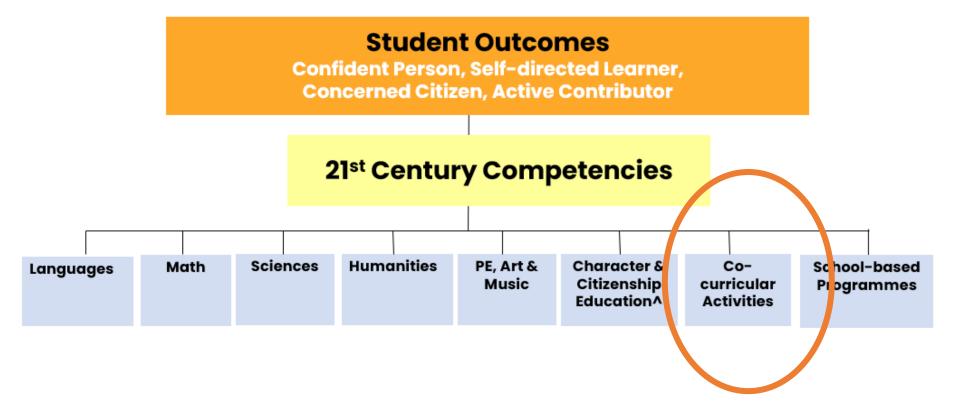
#### Communication

- i. courageous and spontaneous in voicing new ideas and able to persuade others; and
- **ii.open-minded** and **empathetic** so that they can communicate and collaborate across different cultures





# Students' 21CC are developed intentionally through the Total Curriculum





### MISSION OF CHIJ SCHOOLS:

CHIJ School is a Christ-centred school community where all work together for the promotion of truth, justice, freedom and love, with special reference to the needs of persons who are disadvantaged in any way.























#### **SIMPLE IN VIRTUE**

To be noble in character inspired by a desire to live according to God's will

#### **STEADFAST IN DUTY**

To show strength of character in the commitment of service to others

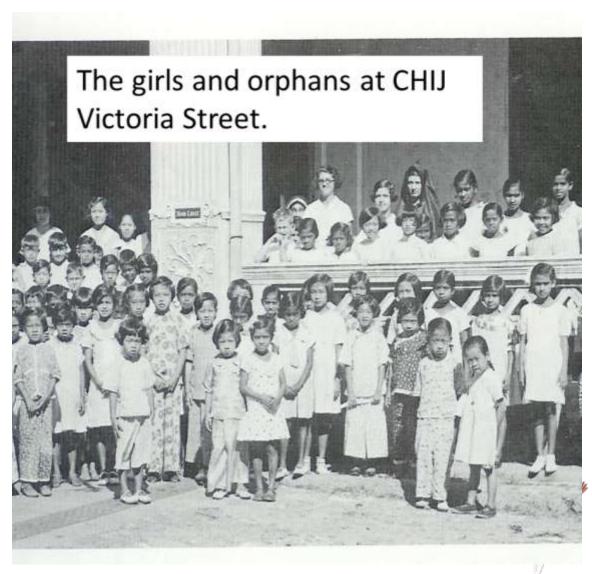






# The IJ Dream of Blessed Nicolas Barre

- 1. Child centered Education.
- 2. Service and Cultivation.
- 3. Inclusivity and Acceptance.
- 4. Freedom and Openness.
- 5. Gentleness and Patience.
- 6. Contemplation of God.
- 7. Transformation through Education.
- 8. Legacy of Compassion.





### **Our Vision**

# From Girls to Women of Grace and Substance

#### **Our Motto**

Simple in Virtue Steadfast in Duty

#### **Our Virtues**

Compassion, Self-Discipline, Integrity, Respect.





# From Girls to Women of Grace and Substance

#### Grace

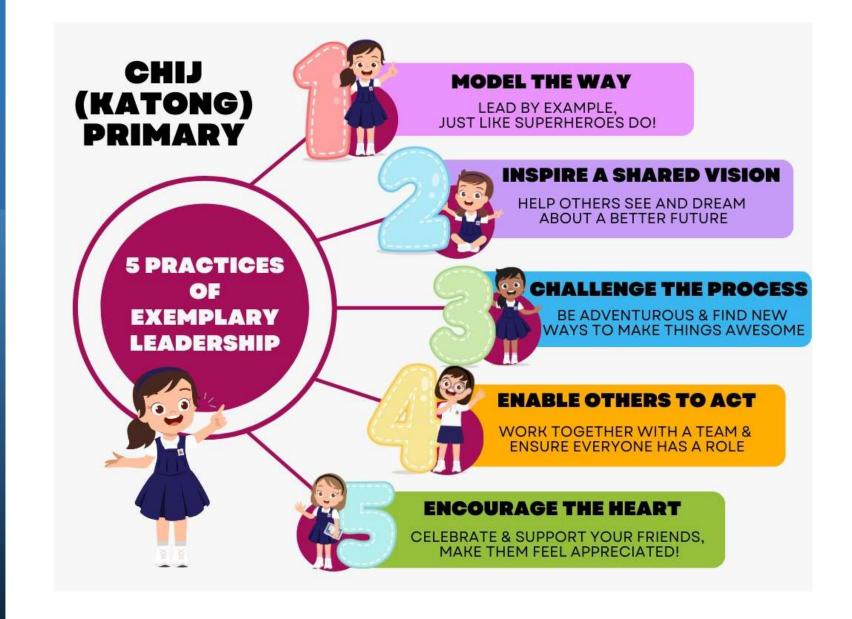
- 1. Simple in virtue
- 2. Noble in character and in accordance to God's will
- 3. Respectful of self and community
- 4. Confident
- 5. Eloquent
- 6. Poised and well mannered

#### **Substance**

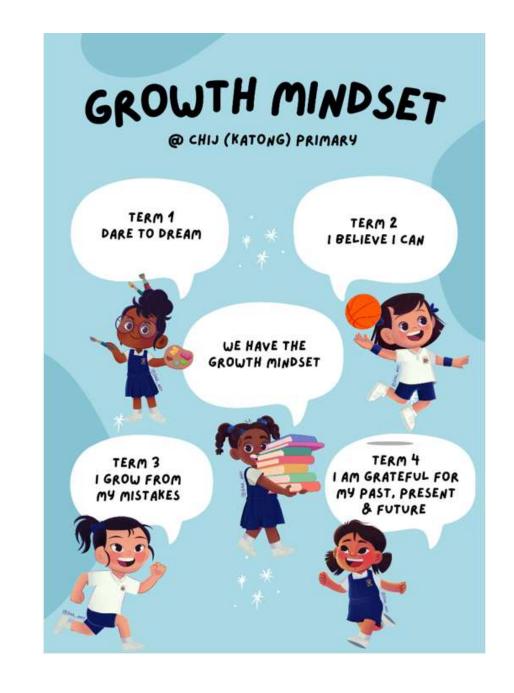
- Steadfast in duty
- 2. Self disciplined in the pursuit of knowledge
- 3. Intelligent
- Intrinsically motivated to grow self and others
- 5. Compassionate and Empathetic
- 6. Principled in morals and values
- 7. Committed to serve



Growth
Mindset
5 Practices
of Exemplary
Leadership



Growth
Mindset
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# CCAs at CHIJ (Katong) Primary

- As an IJ school, we believe deeply in our mission truth, justice, freedom and love, with particular regard for the last, least and lost.
- We believe that each girl grows to be of service to others.
- We believe that each girl has their own talents and strengths, and we want to teach them to use these to make the lives of others better.
- We believe in an inclusive community where all have a chance to learn and grow, become their own despite their varied starting points. We want to provide as many platforms as possible to achieve this.
- At our school, CCAs form part of the total curriculum.
- The curriculum at CHIJ KCP falls under the umbrella of our vision, mission and motto.
- Everything that we do our approach, our plans, our programmes, our resources are geared toward developing our girls to be of service to others much like Blessed Nicholas Barre and the IJ sisters.
- It is then that they will become ladies of grace and substance.





# CCAs at CHIJ (Katong) Primary

- CCAs therefore are platforms for our girls to learn about inclusivity, collaboration, resilience, hard work, perseverance all for the sake of others.
- We are also moving towards integrating values in action and leadership skills into CCAs so that they can use their talents to bring others joy.
- CCAs therefore in our school take on a tiered approach, the most important approach being exposure and enjoyment. That is why we have modular CCAs to give chances to the girls to find enjoyment through making new friends at different semesters and junctures; and to discover if they have talents.
- Should the girls have talent within their CCAs, then they will be developed further for other platforms like performances and competitions such as the NSG. Whatever they achieve we are proud of them.
- Thus, the aim of CCA is more of exposure and not to develop them for competitions and medals.



# CCAs at CHIJ (Katong) Primary

- CCAs form part of the curriculum which means that it shares the human and financial resources
  with all other departments. All departments have programmes that aim to bring about the mission
  of CHIJ and to develop our girls to be women of grace and substance.
- As a CHIJ school and an MOE school, we also no longer collect out of pocket money for co payment for programmes, including CCAs. This is not in line with our mission of CHIJ which is to include all in our programmes those who can afford to co pay and those who cannot.
- This also means that co payment or full payment of caps, costumes, t shirts etc. is not the right thing to expect parents to do because we cannot put pressure on parents/girls who cannot afford it.
- We hope to run CCAs in house, run by teachers who have been trained and who know our mission well.
- We also have a finite number of teachers to go around. This also means that we will not be able to keep adding students to CCAs due to the teacher student ratio.
- Over the years we have been asked to start many CCAs golf, rock climbing, swimming, ballet etc. but as a school we need to find a win win in terms of resources, exposure, and inclusivity.



# National School Games (NSG)

- We have CCAs where we have girls who can participate in NSG.
- We have girls who participate in NSGs even if the school does not offer the CCA swimming, wushu, tennis etc.
- The school's policy is to not deny any child the right to participate we will sign them up, we will send chaperones as a form of support for the girls, even though it is not even a CCA.
- This is the policy with most schools too for non CCAs.
- These teachers/staff have been pulled out of their classrooms daily. The rest of the girls in these classes will have missed many lessons with them.
- Yet, we value our non CCA NSG girls enough to continue to support them with chaperones.



# National School Games (NSG)

- Our teachers also have their own CCAs, and they are doing this over and above their already heavy workload. But we will do it because we are an IJ school and we will support your daughters.
- That is what and all we can do.
- Please refrain from asking us to be the intermediary between your daughter and the NSG convenor. It is a tough job.
- Again, as a school, we need to find the win win. The win for your girls is that they get to participate, they have chaperones, that we are proud of them when they win.



### National School Games (NSG) Banners, Apparel, Logos, Visuals

#### **School Flag and Banners**

The school has flags and banners that all NSG participating teams and SYF teams can use.

#### **Printing of apparel:**

In terms of apparel and printing, we will hand the moulds that we use for our CCAs, which can be used with your vendor.

I seek your cooperation to keep it to a key parent representative and not pass the moulds around as it may be misused in terms of copyright.





### **CCA in CHIJ (Katong) Primary**

17 CCAs in 4 categories- visual & performing arts, clubs, physical sports & uniformed group

#### Modular and non-modular

- Modular- one semester, 8 sessions
- Non-modular- at least one year's commitment



	Visual & Performing Arts	Clubs	Physical Sports		Uniformed Group	
	Choir (Non-Modular)	Innovation Club (Non-Modular - 1 year)	Artistic Gymnastics (Modular)	Football (Non-Modular)	Brownies (Non- Modular – 1	
	Drama Club (Non-Modular – 1 year)	Math/Science Club (Non-Modular – 1	Badminton (Modular)	Netball Developmental Team (Non-Modular)	year)	
CE ES	Dance SYF (Non-Modular)	, year)	Netball Junior (Modular)	Bowling (Modular for		
	Handbells Ensemble (Non-Modular)		Sports Club (Modular)	new members)  Track & Field		
	Art Club (Modular)			(Modular only for P3 for CCA in Sem 2 Only)		
X	Dance Exposure (Modular)					



### 2026 CCA Schedule

Once a week (Tuesdays)	Once a week (Friday)	Twice a week (Tuesday & Friday)
<ul> <li>Drama (SYF)</li> <li>Artistic Gymnastics</li> <li>Bowling (Modular)</li> <li>Football</li> </ul>	<ul> <li>Dance Exposure</li> <li>Drama (non SYF)</li> <li>Art Club</li> <li>Innovation Club</li> <li>Math &amp; Science Club</li> <li>Badminton</li> <li>Netball Junior</li> <li>Sports Club</li> <li>Track &amp; Field (P3)</li> <li>Brownies</li> </ul>	<ul> <li>Bowling Development Team</li> <li>Netball Development Team</li> <li>Track &amp; Field Development Team</li> <li>Choir</li> <li>#Handbells Ensemble</li> <li>#Dance SYF (Tuesday and Thurs)</li> <li>#After SYF, sessions held once a week on Tuesday</li> </ul>





## **CCA Policy**

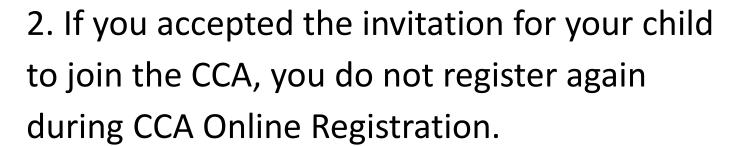
- Every P3-P6 student is <u>strongly encouraged</u> to take up one CCA. P6 students attend in Semester 1 only.
- 2. When there are *vacancies in Semester 2*, P3-P5 students *may* take up a 2nd CCA but full commitment to the 2 CCAs is required.
- 3. Change of CCA is only at the end of the semester, subject to availability. Email to HOD PE/CCA for request.





### P2 Auditions / Trials

1. Parents of students who have been shortlisted would have received the results of the auditions from the 17<sup>th</sup> Sept.







### Online Registration for 2026 CCA

- The registration period will be from 6 10 October 2025.
  Instructions for the exercise will be sent through PG.
- 2. When the number of applicants are more than the slots available, balloting will be carried out. Allocation is <u>not</u> based on a first-come first served basis.
- 3. Students and parents will be notified of the outcome of the registration Week 1 of 2026.
- 4. Students who miss the registration can register when school opens in 2026. However, they can only select from what is available.



# Additional information on the School CCA Programme

Parents may refer to the school website

(<a href="https://www.chijkcp.moe.edu.sg">https://www.chijkcp.moe.edu.sg</a>) for more information on:

- a) CCA Policy
- b) CCA Schedule
- c) CCA Registration





### NSG for sports NOT offered in our school CCA Programme

- Parents of the student athletes will be appointed as School Appointed Representative or in short, SAR(P).
- SAR(P) will attend briefing sessions and must be able to <u>commit fully to the</u> <u>scheduled games</u> (including the reserve dates when games are postponed due to inclement weather)
- Make own transport arrangements to send their children to the game venue and fetch them home or to school (if going back to school after the game)
- SAR(P) must <u>demonstrate the school virtues at all times</u> and respect the rules and regulations set out by the organising committee and <u>accept the umpires' call as final</u>
- Focus on and affirm the effort put in by your children, not just the results of the game.
- Please contact HOD PE/CCA if your child is training on her own and would like to participate in the NSG in sports not offered as part of the School CCA offering.





### **Considerations for SYF and NSG**

Students who have the aptitude may represent the school in Singapore Youth Festival (SYF) and National School Games (NSG)

NSG for sports offered in our school CCA Programme, students must train with the school developmental teams and able to commit fully





### Considerations for choice of CCA

- 1. Interest & Aptitude
- 2. Commitment Level
- 3. Learning Opportunities

Do discuss this with your daughter before submission of choices.



#### The Art Club

is a vibrant space where students can discover their love for art, experiment with different materials, and bring their creative ideas to life.

Through fun and engaging sessions, members learn various art techniques, develop their imagination, and build confidence in expressing themselves.

Joining the club is a wonderful opportunity to create unique artworks, make new friends, and celebrate the joy of creativity together.

CCA DAYS: 8 Fridays per Semester



# CHOIR



The CHIJ (Katong) Primary Choir was formed in 2001. The choir sings music from different genres and in different languages.

The students will have opportunities to sing confidently as a group at internal and external choral events in 2 or 3 parts.

During Choir practices held every Tuesday and Friday, the students will build friendships, develop discipline, resilience and self-confidence.

DANCE EXPOSURE MUSIC ROOM 2

**FRIDAYS** 

2.00 PM - 4.00 PM

- Develops an appreciation for artistic performance
- Exposes students to global and local dance traditions
- Encourages respect for diversity and heritage
   Build self-esteem through performance opportunities
- Teaches how to present oneself confidently
- Promotes collaboration and trust among group members
- Teaches commitment, time management and perseverance
- Improves flexibility, strength and coordination



### DANCE SYF CCA

#### **VISION:**

At CHIJ(Katong) Primary, we want our Dance SYF students to develop confidence and grace.

We provide students with opportunities to take part in performances, workshops and learning journeys.

Students are trained in contemporary dance techniques in developmental stages. Students are encouraged to do dily stretches to improve and maintain flexibility.

Our senior members help their juniors in overcoming challenges and new techniques.

There is strong camaraderie and passion within this team of dancers.

Practices are conducted on Tuesdays from 2.00-4.00pm in the school hall. Extra practices are conducted on Thursdays on SYF year 2026.

Maximum enrolment: 45 students

Requirements: Commit fromP3-P6, keep hair long, willing to wear contact lens during performances





Some activities of Dance SYF

Founder's Day Thanksgiving



**EXPERIENCE THE MAGIC OF** 

### **DRAMA CLUB**

Join the Drama Club to build confidence, sharpen your voice and public speaking, and learn theatre skills like movement, characterisation, and improvisation. Work with others in pairs and groups, grow resilience, and achieve common goals together in a fun, supportive space.

Days of CCA: Tuesday (SYF Team) Friday (Non-SYF Team)

# Handbells Ensemble

Handbell Ensemble was established in 2004, with the aim of providing an opportunity for students with varied musical abilities and skills to make music together.

During practices, students foster friendship and develop social skills. In doing so, we hope to equip students with teamwork and confidence to perform in school-based and public events.



CCA sessions: Tuesdays Fridays (SYF)



#### **ARTISTIC GYMNASTICS**





Gymnastics is all about having fun, staying active, and learning new skills. Students get to try basic moves like rolls, jumps, swings, and balances.

During training sessions, gymnasts often develop valuable character traits such as resilience, self-confidence and discipline.

Besides acquiring basic gymnastics skills, our girls also develop teamwork and friendships with their peers.

CCA Sessions: Tuesday



# BADMINTON

DO YOU LOVE TO RUN, JUMP & PLAY?
DO YOU WANT TO LEARN HOW TO SERVE & RALLY?

#### JOIN US IN BADMINTON!

- LEARN COOL SKILLS
- **MAKE NEW FRIENDS**
- **©BUILD FOCUS & CONFIDENCE**
- PRIDAYS, 2.15 PM 4 PM







**Modular: Tuesday** 

Non-Modular: Tuesday & Friday

Bowling CCA aims to provide a structured and enjoyable environment to develop fundamental skills, positive values, and team spirit.

#### Skills

- Proper techniques and strategies
- Builds focus, patience, and resilience
- Opportunity to represent the school in competition

#### Teamwork

- Supportive and inclusive environment for all learners
- Fosters cooperation and collaboration through group play





# FOOTBALL





Our football programme provides a platform for the girls to not only develop new skills but also understand the importance of teamwork and communication in football.

The key takeaway for them is that football—like any team sport—relies on collaboration, clear communication, and the ability to apply different skills for different situations.

Students can expect to work on:

HOUSTIC DEVELOPMENT - Football fosters physical, mental, and emotional growth, promoting a well-rounded personality.

TEAMWORK & LEADERSHIP: Learn to collaborate with others, lead by example, and embrace a strong team spirit.

DISCIPLINE & FOCUS: Instill discipline, time management, and concentration skills that benefit academic and life pursuits.

### **CCA Session: Tuesday**

# NETBALL JUNIOR

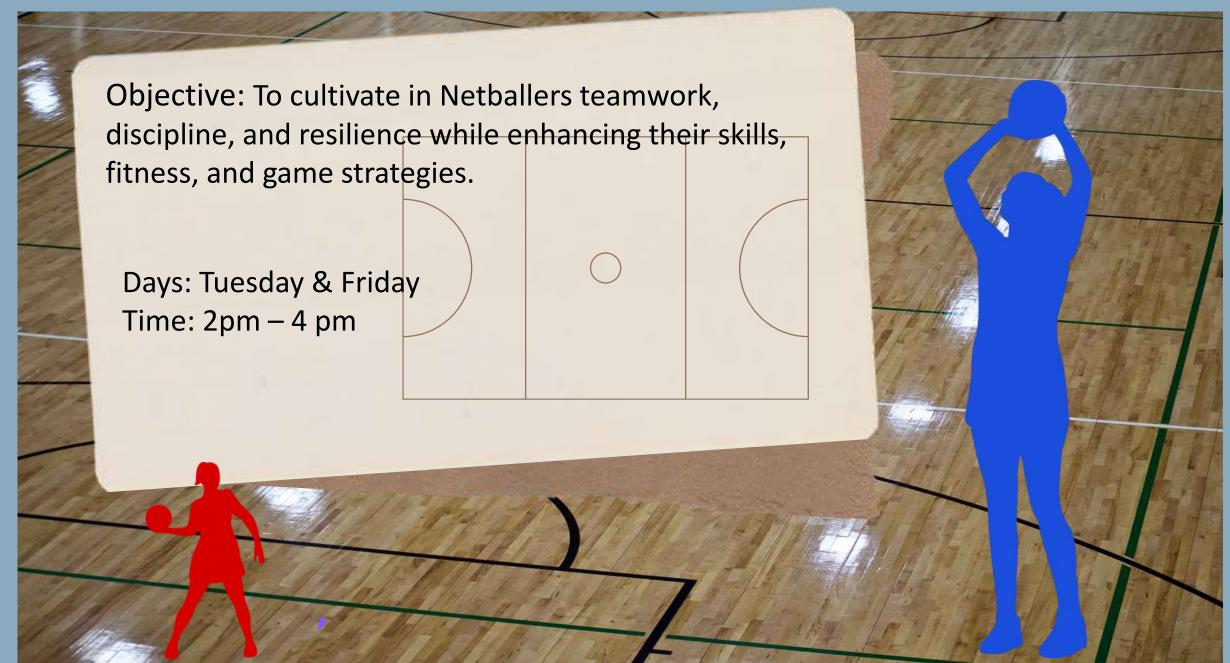
that junior players develop confidence in handling the ball as it easier for their smaller hands to catch a pass.

- You will learn basic Netball skills, enhance your motor, coordination, agility skills and the rules of the game.
- You will also make friends through the sport, learn how to work as a team, learn to be responsible and learn to respect individual differences.

A shorter goalpost gives junior players more success in shooting as a result encourages good shooting posture and develops self-confidence in them.

**CCA Session: Friday** 

### **NETBALL DEVELOPMENT TEAM**



### **SPORTS CLUB**

Our programme offers students exciting opportunities to get active and experience a variety of sports and outdoor activities. Through engaging lessons, students will develop essential skills, stay fit, and learn the value of teamwork. The Sports Club is designed to inspire and motivate students to adopt an active and healthy lifestyle that they can maintain throughout their lives. Whether you're looking to improve your athletic abilities or just want to have fun while staying active, the Sports Club has something for everyone!

Day of CCA: Friday

## Track & Field

#### Ready to RUN, JUMP, and THROW your way to greatness?

Try exciting events like sprints, jumps, distance runs and throwing competitions.

#### What you'll get:

- Get expert tips and support from experienced coaches
- Experience the power of teamwork
- Represent your school in thrilling competitions
- Build unshakeable confidence and lifelong friendships

#### No experience? No problem!

Every champion started somewhere and we'll help you discover your hidden talents.

**Training Days:** Fridays (Semester 2 only)

### INNOVATION CLUB

The Innovation Club aims to cultivate creative and innovative thinking in our students.

Through STEM (Science, Technology, Engineering & Mathematics) and Makers activities, students are given opportunities to become adventurous problem-solvers, step beyond their comfort zones, and develop important values such as perseverance and resilience.

Through collaborative projects, such as using MakeCode Arcade and Minecraft Education, students learn to celebrate successes and embrace failures as part of the learning journey.





FRIDAYS, 2PM - 4PM



FRIDAY, 2.15 PM TO 4 PM

COME AND LEARN EXCITING S.T.E.M. CHALLENGES THAT SPARK YOUR IMAGINATION -- MAKE MATH & SCIENCE COME ALIVE!



**BEACH CLEANING** 



**EXPERIMENTS** 

AND MANY

### BROWNIES

**Brownies enjoy learning and having amazing adventures together!** 

Brownies are encouraged to constantly learn new skills and are challenged to try a variety of adventurous activities that are engaging and fun.

Brownies learn lifelong skills through creative learning activities. Through these exciting learning activities, they will be rewarded with various interest badges.

**CCA Session: Friday** 





### For enquiries:

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# THANK YOU

